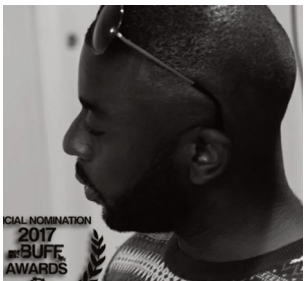




Alex Wheatle



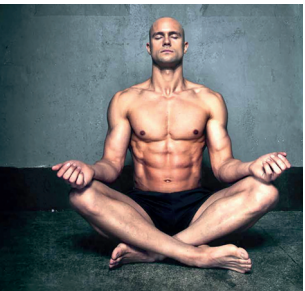
Suzannah Dunn



Kenneth Pascall



Sally Bibb



L J Flanders



South London Samba



Zena Edwards



Shaun Attwood



Erwin James



Stephen Smith



Maggie Sawkins



Vodka Hunters Gail and Jane



PENNED UP AT DOWNVIEW

PENNED UP arts and literature festival has already been a huge success in two different male prisons. This will be the first time it's held in a women's prison. We will have numerous events over a two week period including bestselling authors, artists and performers, a fitness trainer and a samba band. So let's make it a memorable success. Get involved! Don't be disappointed! Don't miss out! Sign up NOW in the library for events you want to attend!

COMPETITIONS

REVIEW: Tell us what you thought of any of the Penned Up events you attended in no more than 250 words. Top three will win £5 or a signed book from a Penned Up author. Hand in to the library by **30th September**.

PICTURE: Draw/sketch/paint a picture on any theme. Hand it in to the library by **30th September**. Two winners will each receive a sketchpad and pencils.

POEM: Write a poem on any theme (maximum of 40 lines) and win £5 or a signed book from a Penned Up author. Hand in to the library by **30th September**.

STORY: Write a short story on any theme (maximum 1000 words and can be a lot less). Hand in to the library by **30th September**. Top three will win £5 or a signed book from a Penned Up author.

HOW TO GET TICKETS

- Sign up for events at the library
- For further information speak to a member of the Penned Up committee on your wing
- You will get the same pay for attending a session as you would for your usual work or activity

SIGN UP TODAY

so you don't miss out!



Emma Shoard



Design and artwork: Andy Gammon, Lewes
Print: Scantech Group, Heathfield 2018



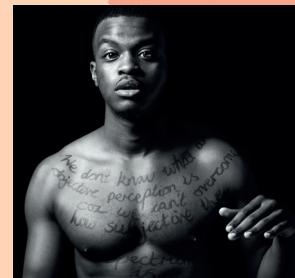
Supported using public funding by
ARTS COUNCIL ENGLAND



Dreda Say Mitchell



Francesca Findlater



George the Poet



Nell Leyshon

3rd to 13th September 2018



@DOWNVIEW

Inspiration Knowledge Creativity New skills

WEEK 1

Mon 3 Sept
South London Samba
Astroturf
AM 10.30-11.30

Festival launch. Opening our festival with a bang, two performances by South London Samba Band, a drum ensemble based in New Cross. They will play music inspired by Latin, Brazilian, African and Caribbean rhythms. (In the gym if raining.)

Mon 3 Sept
Alex Wheatle
English classroom
PM 2.00-3.00

Alex Wheatle (MBE) is an award-winning novelist. His early books are about teenage life in Brixton in the 80s, and his time in social services care. He served 4 months in prison for taking part in the Brixton riots. His Crongton trilogy deals with gang violence and domestic abuse, but also friendship, loyalty and revenge.

Tues 4 Sept
Emma Shoard
C Wing Dining Room
AM 9.30-11.30

Observational drawing. Exploring collage, colour, tone and line, using objects gathered by Emma and arranged in still life by you. Participants will end up with a pile of drawings ranging from quick sketches to longer pieces of artwork.

Tuesday 4 Sept
George the Poet
English Classroom
AM 10.00-11.00

George the Poet is a spoken word performer of Ugandan heritage, born in London. His innovative brand of musical poetry has won him critical acclaim as both a recording artist and social commentator. The event will be recorded for National Prison Radio.

Tues 4 Sept
Hope Road Publishing
Library
PM 2.00-3.00

Ever wanted to know what happens when a book is accepted for publication? **Hope Road**'s books focus on bringing often-neglected voices from Africa, Asia, and the Caribbean to readers. Come along and find out how the publishing business works.

Tues 4 Sept
Zones of Avoidance
Chapel
PM 2.00-3.00

In this award-winning stage production, written and performed by poet **Maggie Sawkins**, a mother tries to understand her daughter's descent into addiction and schizophrenia. Fusing the real life testimonies of addicts in recovery with vivid language and evocative film, **Zones of Avoidance** is about families, addiction and 'tough love'

Wed 5 Sept
Sally Bibb
Gym Classroom
AM 9.30-11.30

Discover Your Strengths. **Sally Bibb**'s philosophy challenges common assumptions, such as that it's possible for us to be good at everything or we should identify our weaknesses and try to fix them. Instead, she suggests the most effective route to personal growth is by discovering and building on our strengths.

Wed 5 Sept
Shaun Attwood
English Classroom
PM 2.00-3.00

Shaun got 9 years for money laundering and drug crimes, which included 2 years in the cockroach-infested Arizona jail run by Sheriff Joe Arpaio, who boasted he spent more on feeding police dogs than he did feeding prisoners. His trilogy of books detail the experience.

Thurs 6 Sept
L J Flanders
Sports Hall
AM 8.30-9.30
AM 10.30-11.30

LJ created *Cell Workout*, his unique fitness programme, whilst in prison. His workouts are featured regularly in Inside Time. At Downview he will lead two 45 min workouts each followed by a Q&A. Choose a session and bring your gym kit.

Thurs 6 Sept
Emma Shoard
C Wing Dining Room
PM 2.00-3.30

Letters Home. A fun typography and illustration workshop, focusing on visual and expressive letter writing. You will learn the basics of graphic design and experiment with hand-drawn lettering using a range of materials.

Thurs 6 Sept
Sally Gardner
Maths Classroom
PM 2.00-3.30

Sally Gardner's million selling *Maggot Moon* has made her a well-known children's author but Sally herself struggled at school. Profoundly dyslexic, she struggled to hold onto information and was pronounced "unteachable". She is also the author of an erotic novel for adults (*An Almond for a Parrot*) under the name Wray Delaney.

WEEK 2

Mon 10 Sept
Zena Edwards
Chapel classroom
AM 10.00-11.30
PM 2.00-4.00

The Fury Project. A workshop focused on words for well-being in which the emotion of anger is 'transformed' into a positive tool for change and empowerment using spoken word/poetry and some movement activities. Attendees will have an opportunity to work individually or in collaboration to produce a group performance. **Zena** was raised in Tottenham and is a leading voice in the performance poetry scene.

Mon 10 Sept
The Fury Project
Group sharing
Chapel
PM 3.00-4.00

A chance to see the performance created by the women from Downview who have participated in The Fury Project with **Zena Edwards**. COME ALONG AND SUPPORT THEM!

Mon 10 Sept
Koestler Arts
Workshop
C Wing Dining Room
PM 2.00-3.30

A chance to attend an arts workshop with **John Costi**, a Koestler Awards winner and former Koestler mentee. John studied at Central Saint Martin's College of Art & Design and currently works with 'at risk' young people. He exhibits his artwork internationally.

Tues 11 Sept
Dreda Say Mitchell
English Classroom
AM 10.00-11.30

Dreda is a novelist, broadcaster, and journalist. She grew up on an estate in the East End and that has inspired many of her novels such as *Geezer Girls* and *Hit Girls*. Her latest novel is *Blood Secrets*. Find out how she did it and how to make your own writing feel more real.

Tues 11 Sept
Francesca Findlater
C Wing Dining Room
AM 10.00-11.30

Francesca Findlater is the founder of **Bounce Back**, a charity which began as a small painting & decorating company and has expanded to become a social enterprise with training centres in HMP Brixton and in the community. Find out how to manage self-employment and how to complete the transition from custody into paid work.

Tues 11 Sept
Suzannah Dunn
Peer Mentoring Room
PM 2.00-3.45

Worn Stories. A creative writing workshop with bestselling author, **Suzannah Dunn** in which favourite items of clothing become the starting point for a story. (Example: Piper Kerman, author of *Orange is the New Black*, wrote about the suit she wore to a court appearance.)

Tues 11 Sept
Kenneth Pascall
Chapel
PM 2.00-3.00

Do films glamourize crime? After spending time in prison, **Kenneth Pascall** started 'Streets Incarcerated' which provided a platform for artists to get their music onto DVD. He wrote and produced the crime film, *Residential*, and will show clips at this event.

Wed 12 Sept
Erwin James
C Wing Dining Room
AM 9.00-11.30

Erwin served 20 years in prison. During this time he became a writer for The Guardian newspaper. His articles were collected in *A Life Inside: A Prisoner's Notebook*. Since release he has written *The Home Stretch* and a memoir, *Redeemable*. He is now editor of **Inside Time**. This workshop is a practical guide on developing your own writing.

Weds 12 Sept
Stephen Smith
English Classroom
AM 10.00 11.30

Author of the million-selling memoir, *Addict*, **Stephen** was a criminal hanging around in the 1960s underworld, yet ended up sleeping on the streets. At Downview he will talk about the sequel and what he hopes to achieve now that he's put his past behind him.

Weds 12 Sept
Nell Leyshon/
The Vodka Hunters
C Wing Dining Room
PM 2.00-3.00

A talk by award-winning writer, **Nell Leyshon**, whose mentoring is focused on developing self-esteem and the writer's own original voice. **Gail Cecil** and **Jane Cartwright** attended Nell's workshops and became part of a theatre piece called *The Vodka Hunters*. Gail and Jane will present short performances from the show dealing with addiction and loss, yet laced with humour. These are their true stories.

Thus 13 Sept
Mandy Ogunmokun
C Wing Dining Room
AM 10.00-11.30

Born into a dysfunctional family **Mandy** suffered childhood abuse and started using drugs at 14. A chaotic life of crime and prison followed. She turned her life around and got a first paid job aged 45 as a CARAT worker at HMP Holloway. Mandy founded the Treasures Foundation in 2011 to support women with substance misuse issues and housing needs. Listen to Mandy tell her incredible story.

Thus 13 Sept
Downview
Performance Group
Chapel
PM 2.00-3.30

Six actors from Downview will present short dialogues from Caryl Churchill's *Love and Information*, a play first performed at London's Royal Court Theatre in 2012 and described as "a sound-bite exploration" of contemporary life. The group may also perform some newly written *Prison Dialogues*. Come along and support them!

Coming soon! **Mon 22 Oct**
Library PM 2.00-3.00

Muhammad Khan, author of *I am Thunder*, a story about three Bethnal Green schoolgirls who went to Syria to join IS. "I wanted them to know they are British, they are valuable ... and they have nothing to apologise for."

